



NOMINATION APPLICATION

STELLAR 7 OVER 70 AWARDS CRITERIA

- ✓ Individuals 70 years of age or older
- ✓ Individuals must live in Winchester City, Frederick or Clarke Counties
- ✓ Individuals currently engaged in new or long-held accomplishments in which they are achieving excellence. These achievements may be based or built on previous work or commitments, but the individual should still be actively pursuing these interests.

Nominees must meet **all** criteria set forth above.

The focus of the awards is not on past accomplishments or lifetime achievements. Rather, individuals should be nominated for notable accomplishments in which they are achieving excellence. Their achievement(s) may be occurring in one or more of the following categories:

- ✓ Intellectual Growth
- ✓ Fitness and Health
- ✓ Social and Community Involvement
- ✓ Spiritual Expression
- ✓ Creative Engagement
- ✓ Environmental Awareness
- ✓ Vocational Connectivity

Descriptions of each of these categories are attached.

HOW TO NOMINATE AN INDIVIDUAL FOR A STELLAR 7 OVER 70 AWARD

To nominate a deserving individual you know, please follow and complete the instructions for the application.

1. Ensure you have contacted your nominee and obtained his/her permission to nominate him/her for this award.
2. Complete the nomination application including the nomination narrative. Hard copies may be emailed or printed and mailed. Applications may also be completed online.
 - ✓ Download and print the form, if necessary
 - ✓ Complete the Contact Information
 - ✓ Complete the Nomination Narrative
 - ✓ Submit nomination application materials using one of the three methods listed in item #4 below.
3. Letters of support are welcomed and encouraged, but they are not required. Letters may help the selection committee reach their final decisions.
4. Assemble the completed nomination application and *optional* letters of support, and submit in one of the following manners:
 - Option 1- email all material to:
stellar7over70@thevillageatorchardridge.org
 - Option 2- mail printed nomination application and letters to:
Stellar 7 Over 70 Awards
400 Clocktower Ridge Dr.
Winchester, VA 22603
 - Option 3- Applications may be directly submitted online at:
www.thevillageatorchardridge.org/stellar7over70
5. Nominations **must** be received by **Friday August 30, 2019**.
6. If you have questions, email stellar7over70@thevillageatorchardridge.org or call 540-431-2893.
7. Award contenders will be announced at a Stellar 7 Over 70 nominee unveiling and reception on Thursday, October 10, 2019. Award recipients will be celebrated at an awards luncheon on Thursday, November 7, 2019 at The George Washington Hotel. Details, including information on ticket sales for the awards luncheon can be found at www.thevillageatorchardridge.org/stellar7over70.

CONTACT INFORMATION

Nominee Information

*Title (Ms./Mrs./Mr./Dr./Other) _____

*Name _____

*Address _____

*City or Town _____ *Zip Code _____

*Email Address _____

*Phone _____ *Mobile _____

*Date of Birth Month____ / Day____ / Year_____

*Please confirm the following statement with your initials: _____ The nominee has been informed his/her name has been put forward for this award. He/she consents to have this nomination put forward and have his/her name included in any Stellar 7 Over 70 properties, such as the organization's web page, event program and news releases.

Nominator Information

*Title (Ms./Mrs./Mr./Dr./Other) _____

*Name _____

*Address _____

*City or Town _____ *Zip Code _____

*Email Address _____

*Phone _____ *Mobile _____

****Required Field***

STELLAR 7 OVER 70 AWARD DESCRIPTIONS

1. Intellectual Growth

- Recognizing that learning challenges the mind to acquire new skills, gain new knowledge and remain curious, awardees will have expanded their personal knowledge and skills, or discovered opportunities for others to engage in creative and stimulating mental activities that positively influence memory, emotions, language or motor skills. They will treat learning itself as a valued part of life and through it find ways to continuously recreate themselves through personal and/or professional growth.

2. Fitness and Health

- Recognizing the uniqueness and diversity of individuals, relative to each person's abilities and disabilities, awardees will have focused on the importance of regular exercise, physical activity and good nutrition to optimize wellness. Their commitment to enhanced individual health, community well-being or quality of life has led themselves or others to improved self-esteem, self-control, determination and sense of direction.

3. Social and Community Involvement

- Recognizing that we are all social creatures and need connections and interactions with other human beings, awardees will have increased their social circle by cultivating meaningful, creative, safe and inclusive relationships with people of different ages, backgrounds, races or lifestyles. They will be leaders in creating social, cultural and economic value in communities in ways that drastically shift public discourse, perceptions and realities.

4. Spiritual Expression

- Recognizing that our values, beliefs and religious faith influence our sense of meaning and purpose in life, awardees will have explored a prayerful or mindful approach to each day by developing an inner connectedness and harmony between oneself and God or the universe, participating in activities that express gratitude, self-reflection and compassion towards others.

5. Creative Engagement

- Recognizing that individuals gain growth and strength through imagination, awardees will have engaged in creating, performing, teaching, mentoring or promoting arts and culture. They will have shown a commitment to enriching communities through creating exceptional art or by facilitating increased access to the arts.

6. Environmental Awareness

- Recognizing the importance of living a lifestyle that is respectful to our surroundings: respectful of our social environment, natural environment and our built environment, awardees will have maximized the dynamic relationship between the environment and people, recognizing that we are responsible for the quality of the air, water and earth that surrounds us and affects our health and well-being.

7. Vocational Connectivity

- Recognizing the essential importance of personal enjoyment and satisfaction in the work that we do, awardees will have engaged in civic engagement projects or volunteer work, contributing their skills, talents and support for the good of others. Their service to individuals or groups, family, friends or neighbors demonstrates a deep, tireless and quiet commitment, enhancing the quality of life in their communities.

NARRATIVE INSTRUCTIONS

Reflecting on the award categories and how they may align with the nominee's achievements since turning 70, please be detailed and specific, providing examples, and note where possible the impacts of these achievements on the community or lives of others.

NOMINATION NARRATIVE

Achievement(s) After Age 70

Please list notable activities, initiatives and/or accomplishments the nominee is achieving since turning 70. Feel free to use additional space, if required.

Why Does This Individual Deserve a Stellar 7 Over 70 Award?
Be specific and provide current examples.

How Does This Individual Inspire Those Around Him/Her?

Is There Additional Information You Would Like Us To Consider?

Good examples are other initiatives, organizations or community work the nominee is involved in, along with a brief summary of responsibilities or contributions:

LETTERS OF SUPPORT

Letters of support are welcomed and encouraged, ***but they are not required***. Letters may help the selection committee reach their final decisions. These letters should explain why the writer believes the nominee deserves a Stellar 7 Over 70 award and discuss how the nominee has accomplished a milestone or vision that inspires people regardless of age, demonstrating that age does not preclude developing new passions and leading an impactful life. Family members can be involved in nominating and supporting a nominee.

Please collect these letters and include them with your nomination application. Please list the names of the individuals who will be writing letters of support:

Name _____

Email _____ Phone _____

Name _____

Email _____ Phone _____

Thank you for taking the time to nominate the worthy individual you know!

Email completed forms to:

stellar7over70@thevillageatorchardridge.org

Or, printed forms may be submitted to:

Stellar 7 Over 70 Awards
The Village at Orchard Ridge
400 Clocktower Ridge Dr.
Winchester, VA 22603