Date: Friday, April 17, 2020

To: All Residents

From: Melissa Fortner, Executive Director

Subject: Community Update: Team member exposure, mask availability, Creating Smiles initiative, Touchtown slides



THE VILLAGE AT ORCHARD RIDGE

A National Lutheran Community

As we all do our part to protect our community from the coronavirus, resident and team member safety and well-being remain our top priority.

In an effort to provide continued transparency on the impact of the coronavirus at The Village at Orchard Ridge, we are writing to share that we do have two team members who serve in the independent living community who have been exposed to someone with the coronavirus. As soon as we were informed of the exposure, the team members were immediately required to self-quarantine at home. Our thoughts and prayers are with each of these team members during this time.

The Frederick/Winchester Health Department continues to update their protocols surrounding the coronavirus. As they learn more about how this virus is transmitted, information regarding exposure to the virus today, may be different than in the future. We are in continual communication with the Frederick/Winchester Health Department as we seek guidance on circumstances specific to each exposure situation. According to information from the Health Department on these two particular situations, each is being handled differently.

One of the team members is on a 14-day self-quarantine and will return to work at the end of the 14 days.

The other team member is on self-quarantine while they await test results. Because other team members and one resident had direct contact with this team member prior to the self-quarantine, those individuals are also required to self-quarantine for 14 days, following current guidelines from the Frederick/Winchester Health Department.

All individuals on self-quarantine have been asked to self-monitor and report any symptoms to Orchard Ridge and the Frederick/Winchester Health Department.

I recognize this may be difficult to follow, but above all, we want to take the highest level of precaution possible to keep our community safe. As we know more, we will definitely share. In the meantime, we encourage everyone to continue to:

- Practice social distancing of 6 feet when arriving to your scheduled dining times
- Practice proper hand hygiene
- Stay at home in your apartment or cottage
- Avoid gathering in areas throughout the community
- Wear a facemask when walking in the community (Need a facemask? See information below)

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It's been asked if there's a way to slow down the Touchtown slides so that they can be read more easily. Resident Bill Holland shared with us that if you use your Comcast remote, you can PAUSE, REWIND and FAST FORWARD Channel 977. Thanks, Bill, for the tip! As a reminder, the Touchtown slide show is also available in the Information Center as well.

540-931-9716 – what's this number? It's our message line where you can leave any question related to COVID-19. This line is checked during business hours Monday through Friday. The phone number may also be used to leave a question for Melissa to answer during the following week's virtual Town Hall.

With the recent recommendation of residents to wear masks when walking through the community, if you do not have a mask yet, we'd like to know. We are working with mask-makers in the greater community who are willing to donate masks to our residents. If you need a mask, please call the message line number above.

I am thankful for the agility, creativity and resiliency that our team members are displaying during this unusual time. Many of you recently responded to our Creating Smiles initiative, where you shared a quote or video to thank our team for their efforts. We shared your kindness with team members on Thursday. Here's the link so that you can enjoy, too. Thank you for sharing your encouraging words!

Orchard Ridge Creating Smiles

Together, we can Stay safe. Stay home. Slow the spread.