



PATH FORWARD

Orchard Ridge Independent Living: Phase 3

Effective October 26, 2020

If there is anything that we've learned through this national crisis it's that patience and flexibility are important and necessary. Governor Northam recently commented, "This is a marathon, not a sprint, and I know everyone is frustrated. But, we're not out of the woods. We are in this together, and that means we must continue to act to protect not just ourselves, but each other."

The four philosophical tenets of caution, safety, efficiency and data are key and remain important, yet we realize that the application of these principles and the role of the Path Forward Team in supporting next steps needs to shift slightly as we continue our forward movement. What does our Path Forward look like?

- **Phase 3:** Beginning Monday, October 26, we begin Phase 3 for independent living residents. Phase 3 is an evolutionary journey, focusing on a process rather than a destination. It is guided by basic protocols by which all programs and services need to adhere as shifts and changes in current programs and services are made, and new initiatives begin. Instead of flipping a switch where all movement takes place at the same time on a certain date, we approach this phase with more fluidity and flexibility.
- **Path Forward Resources:** A *Path Forward: Planning Worksheet* has been created for groups, teams, committees, shops, events, departments, etc., to use if there is a need to change a current program or service, or to start a new initiative. Resident leads of these groups would reach out to their department leader or designee and work together to create a written proposal or plan to submit to the Path Forward Team for review.
- **Path Forward Team:** The Path Forward Team's role is consultative. The team will review the proposals/plans that it receives and provide guidance and support. The team has the responsibility of understanding the current established safety protocols for the community and making sure that these protocols are consistently applied to all programs and services.
- **Current Guidelines:** Guidelines specific to visitors, isolation and quarantine, and travel quarantine remain current and copies of these guidelines are available on the Resource Table in the Lobby.
- **Communication:** We are committed to communicate to you prior to any shifts, changes or openings of programs and services. Communication will be provided through our primary communication modes using Touchtown, Town Hall and flyers distributed from the Resource Table in the Lobby.
- **Pre-Registration:** As in-person programs and services continue to expand and change, if registration due to capacity limits is required, pre-registration will be accepted in the *Orchard Ridge Pre-Registration Notebook* located on the table outside of the Engage Center. We will continue registration for fitness and aquatic center participation, classes, appointments and training by contacting a fitness or aquatic specialist. Reservations for dining needs will be accepted through Dining Services.

We are optimistic and hopeful that we can continue to expand programs and services, however, we also understand that there may be a need to modify or adapt our course over the next weeks and months, and implement additional protocols to keep everyone safe. While we can't anticipate if and when this might happen, we can commit to continued open communication. If you have questions, please reach out to a Path Forward Team member: Stacey Iden, Sheila Blaner, Bill Boldin, Karen Coon, JB Custer, Mark Keif and Missy Sellers. The Path Forward Team appreciates the support of residents as we continue to work together for the health and safety of everyone. Stay safe and stay well!