Date: October 17, 2020

To: Orchard Woods Health Center Residents and Families

From: Missy Sellers, NHA, Associate Administrator

Subject: Orchard Woods Path Forward Update



A National Lutheran Community

As mentioned in yesterday's weekly update, all residents and team members in Orchard Woods Health Center were tested for COVID-19 on Tuesday and Wednesday of this week, following guidelines from the Virginia Department of Health (VDH) and based on the local area's positivity rate for COVID-19.

Today, we received all test results; no team members tested positive for the virus, but one resident from the Long-term Care Neighborhood did test positive for the virus. This resident is currently asymptomatic and is doing well. Following the Health Center's protocols, this resident has been temporarily transferred to the isolation area of the Skilled Nursing Neighborhood for the duration of the CDC's recommended 20-day quarantine period.

After consulting with the VDH, we have to suspend all small group programming, communal dining, and patio/courtyard visits in the Long-term Care and Skilled Rehabilitation Neighborhoods until further notice. During this time, virtual visits and window visits remain available for residents in the Long-term Care and Skilled Rehabilitation Neighborhoods, and residents will have one-on-one engagement opportunities with both ConnectedLiving and Nursing team members.

At this time, we are able to maintain all scheduled programming, communal dining and courtyard visits in the Assisted Living Memory Care Neighborhood.

We will continue to work closely with the VDH on any necessary adjustments. We are currently using isolation precaution protocols when entering all resident rooms in the Long-term Care and Skilled Rehabilitation Neighborhoods, which includes full personal protective equipment – a N95 mask, isolation gown, eye protection, and gloves.

Additionally, we continually provide ongoing education to our team members regarding the importance of proper infectious control protocols and the proper use of personal protection equipment.

We know that this notice brings disappointment to many residents and family members as it causes adjustments to daily routines and scheduled visits. We appreciate your patience and understanding as we take steps to safeguard both residents and team members.

MEMORANDUM