

Date: October 30, 2020

To: Orchard Woods Residents & Representatives, Team Members

From: Associate Administrator, Missy Sellers

Subject: Path Forward Update



**THE VILLAGE AT
ORCHARD RIDGE**

A National Lutheran Community

Sharing good news from Orchard Woods Health Center is always a pleasure. Today, I can announce that all residents and team members tested negative for COVID-19 last week! The one resident who was in our designated isolation area was able to move back to their suite today. As of today, no residents or staff are experiencing symptoms of COVID-19.

Though the Frederick County positivity rate dropped slightly this week to 5.8 percent, it remains in the threshold for weekly COVID-19 testing. Orchard Woods conducted the weekly COVID-19 testing on October 27-28 for all residents and team members. Again, due to the county's positivity rate, all resident and team member tests conducted this week were sent to our lab service provider. We anticipate receiving those results by early next week.

The table below provides more detail in terms of the number of COVID-19 in Orchard Woods.

	Skilled Rehab	Long-term Care	Memory Care
Resident active cases of COVID-19	0	0	0
Resident on-set symptoms pending COVID-19 test results	0	0	0
Team member active cases of COVID-19 (across all services lines)	0		
Team member on-set symptoms pending COVID-19 test results quarantine required (across all services lines)	0		
Team member other illness with negative COVID-19 test results quarantine required (across all service lines)	2		

Minerva Duggan, director of nursing, and I began weekly calls for "Project ECHO," which takes place one hour per week for the duration of 16 weeks. Project ECHO, national program broken down into segments by geographic region, provides an opportunity to share best practices, receive updates in guidelines, and share infection control practices. We both look forward to sharing Orchard Ridge best practices as well as learning from others over the coming months.

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MEMORANDUM

Our team is continuously striving to bring an optimal level of care and quality of life to our residents. This past week in our Assisted Living Memory Care Neighborhood, our ConnectedLiving coordinator provided an array of engagement opportunities. Some of these activities ranged from brain games, ice cream socials, virtual volunteer visits, patio visits, exercises on the patio, and putting together flower arrangements, which now adorn the neighborhood.

In the Skilled Rehabilitation and Long Term Care Neighborhoods, ConnectedLiving and Therapy partnered together to celebrate National Donut Day. Residents decorated their own donut, participated in a donut ring toss, and sorted and matched donut magnets.

As we continue with both in-room activities and dining, we are continually seeking innovative ways to keep residents engaged. In celebration of Halloween, we had a Halloween bash-on-the-go. There were Halloween hats, funny glasses, and headbands that residents wore for pictures. Residents also enjoyed refreshments in their rooms.

We continue making strides with our Path Forward and remain grateful for your patience, confidence, trust and understanding during these ever-changing times.