

Date: November 13, 2020

To: Orchard Woods Residents & Representatives, Team Members

From: Associate Administrator Missy Sellers

Subject: Path Forward Update



**THE VILLAGE AT  
ORCHARD RIDGE**

A National Lutheran Community

Although I normally start with the positivity rate and testing information, I'll get to that soon...for today, we get to start with something much more exciting. **Next Wednesday, November 18, we will open indoor visits with our residents and families!**

In anticipation of indoor visits, there are a few guidelines that must be followed. It's also essential to know that the safety, health and well-being of our residents and team members will remain the number one priority. Based on Virginia Department of Health and CDC regulations, a positive COVID-19 case among residents could cause us to pause indoor visits.

- Visits are limited to three visitors and scheduled for a 30-minute duration.
- Visitors should arrive 10 minutes prior to their scheduled visit time for a symptom screening, temperature check and donning of the appropriate personal protective equipment (PPE).
- Each visitor will be screened prior to the visit. This includes completing a symptom questionnaire and participating in a temperature check. The temperature must be less than 99 degrees in order to visit.
- Visitors, residents and staff are required to properly wear a mask, gloves, and gown for the full duration of the visit. If a visitor does not properly wear their PPE, they will be asked to leave.
- Visitors must remain at least 6 feet away from loved ones, other visitors and team members.
- Please remember: these visits are intended for social interactions between residents and visitors. Questions regarding resident care need to be addressed at a separate time.

Indoor visits will be coordinated through our ConnectedLiving Coordinators Molly Edmonson and Gretchen Webster.

**Gretchen Webster**    Assisted Living Memory Care Residents

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# MEMORANDUM

Now for the positivity rate information. The Frederick County positivity rate increased this week to 6.1 percent, which keeps Orchard Woods within the weekly COVID-19 testing threshold. We conducted this week's testing on November 10-11 for all residents and team members. Two team members tested positive with our point of care machine and are currently home on quarantine until we receive a confirmation from the lab. Resident tests were sent to our lab service provider, and we anticipate results by early next week.

The chart below provides more detailed information on the impact of COVID-19 in Orchard Woods.

	Skilled Rehab	Long-term Care	Memory Care
Resident active cases of COVID-19	0	0	0
Resident on-set symptoms pending COVID-19 test results	0	0	0
Team member active cases of COVID-19 (across all services lines)	1		
Team member on-set symptoms pending COVID-19 test results quarantine required (across all services lines)	2		
Team member other illness with negative COVID-19 test results quarantine required (across all service lines)	1		

In honor of Veterans Day, ConnectedLiving held a celebration in the dining room. It consisted of refreshments and veteran residents were given a flag pin. We value the service and sacrifices our veterans have provided to our nation.

It is always a joy to see our teamwork in collaboration. Today, in celebration of Hawaiian Day, ConnectedLiving collaborated with Therapy Services to provide residents with a variety of fun activities such as a flip-flop game toss and hula dancing. Residents were able to enjoy a variety of authentic Hawaiian food.

As we see the county positivity rate increase and we also get closer to Thanksgiving gatherings, we encourage everyone to continue to wear masks, practice social distancing and proper handwashing and limit the size of group gatherings. In preparation for Thanksgiving, the CDC and Virginia Department of Health recommend residents do not leave for family holiday gatherings. If a resident must leave for any reason other than medical appointments, they may be required to quarantine in our isolation neighborhood for 14 days.

As evidenced in our opening of indoor visits, we continue making great strides in our path forward as a community. Your confidence, patience, understanding, and trust is uplifting as we provide high-quality intentional care.