

Date: January 22, 2021

To: Orchard Woods Residents and Families, Team Members

From: Associate Administrator Missy Sellers

Subject: Orchard Woods Path Forward Update Memo



**THE VILLAGE AT
ORCHARD RIDGE**

A National Lutheran Community

I am overwhelmed by the unquestionable strength and character of our community. Like many others serving on the front lines of the COVID-19 pandemic, we are encouraged by the continual support we have received. The messages of gratitude, acts of generosity and words of encouragement are powerful affirmations for our team. For us, this positive energy directly correlates to excellence in care for the guests and residents we serve.

So much has changed in a short time – the world around us, our neighborhoods, dining areas, and gathering spaces. Life amid COVID-19 has sparked fear, frustration and anxiety. Now, more than ever, we must focus our energy on defeating this pandemic and the challenges associated with it. Nothing is more important than ensuring health and safety to the residents we serve, the community, and our fellow team members.

In everything we do and with every decision we make, our absolute goal is to provide exceptional and compassionate care. We continue to rely on the guidance of the Centers for Disease Control and Prevention, state and local county public health departments and the expertise of our team members who are working tirelessly during this pandemic. We are actively sharing information and learning from other health care organizations through weekly meetings.

As an organization, we are hopeful that sometime during the coming months, we will look at this difficult time in the “rearview mirror.” When we do, it will be with immense pride in how we individually and collectively responded.

We are blessed by all we provide to our residents. Our team members continue to take great strides in focusing on the psychosocial well-being of all of the residents.

This week in the Assisted Living Memory Care neighborhood, residents engaged in ice cream socials, a variety of brain games as well as balance and strength exercises. Our team recognizes the need to keep the mind and body active.

In the Skilled and Long Term Care neighborhoods this week, residents participated in Cheese Lover’s Day as they tasted a variety of cheeses and shared fun facts about each cheese type. With the cold weather in our forecast, residents also celebrated Penguin Appreciation month by eating ice cream sandwiches, watching a documentary on penguins, and engaged in a penguin themed social activity.

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MEMORANDUM

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The Frederick County positivity decreased slightly this week to 18.6 percent yet remains in the threshold for twice a week COVID-19 testing. Orchard Woods conducted this week's testing on January 18 and 21 for all team members.

The chart below provides more detailed information on the impact of COVID-19 in Orchard Woods and across campus.

	Skilled Rehab	Long-term Care	Memory Care
Resident active cases of COVID-19	0	0	0
Resident on-set symptoms pending COVID-19 test results	0	0	0
Active Independent Living COVID-19 resident cases	0		
Team member active cases of COVID-19 (across all services lines)	0		
Team member on-set symptoms pending COVID-19 test results quarantine required (across all services lines)	2		
Team member other illness with negative COVID-19 test results quarantine required (across all service lines)	0		

Thank you for your continued support. It means so much to all of us. Together, we will get through this.