

Date: January 15, 2021

To: Orchard Woods Residents & Representatives, Team Members

From: Associate Administrator Missy Sellers

Subject: Path Forward Update



**THE VILLAGE AT  
ORCHARD RIDGE**

A National Lutheran Community

On behalf of Orchard Woods Health Center, we add our own thanks for the tremendous dedication you each have shown in the face of a relentless pandemic. We know this hasn't been an easy feat. While the arrival of vaccines is good news in the fight to defeat COVID-19, it does not signal an immediate end to our nation's suffering. Just as we have been pushing for the infection control precautions we all know work – masking, hand hygiene and physical distancing – we encourage high rates of vaccination within our team members and residents in hopes that the U.S. population will overcome this virus. This will require trust in the COVID vaccination process. From the development, distribution and administration of a safe and effective vaccine as well as a willing public to get vaccinated.

Our essential role in protecting the health and wellbeing of our community goes beyond the care we provide. As a valued and trusted voice, our example is perhaps the strongest health resource we have. In collaboration with CVS, today we were able to provide vaccinations to our guests and residents in our health center as well as a vast population of team members serving in our community.

Our current restrictions on indoor visitation will remain intact. The federal government's guidance on what it considers safe stands for now. Based on guidance from the Centers for Medicare & Medicaid Services, Center for Disease Control, and Virginia Department of Health, we will continue to allow compassionate care visits, outdoor visits, virtual visits, and window visits under our current protocols.

We feel blessed to continue to provide communal dining and a variety of resident engagement activities. This past week our residents were able to celebrate Strawberry Ice Cream Month with strawberry ice cream topped with fresh strawberries and ice cream. The history of strawberry ice cream was discussed as residents reminisced about visiting the ice cream truck when they were younger.

The Frederick County positivity rose slightly this week to 18.6 percent and remains in the threshold for twice a week COVID-19 testing. Orchard Woods conducted this week's testing on January 11 and 14 for all team members.

*Continued on the following page*

# MEMORANDUM

*Continued from page 1*

The chart below provides more detailed information on the impact of COVID-19 in Orchard Woods and across campus.

	Skilled Rehab	Long-term Care	Memory Care
Resident active cases of COVID-19	0	0	0
Resident on-set symptoms pending COVID-19 test results	0	0	0
Active Independent Living COVID-19 resident cases	0		
Team member active cases of COVID-19 (across all services lines)	2		
Team member on-set symptoms pending COVID-19 test results quarantine required (across all services lines)	1		
Team member other illness with negative COVID-19 test results quarantine required (across all service lines)	1		

As we continue our path forward, together we can embrace the new opportunities this year may bring. Thank you for your continued faith and support in our efforts.