Date: February 12, 2021

To: Orchard Woods Residents and Families, Team Members

From: Associate Administrator Missy Sellers



THE VILLAGE AT ORCHARD RIDGE

A National Lutheran Community

Subject: Orchard Woods Path Forward Update Memo

Recently I have been reminiscing about my prior years of military service and how valuable lessons learned then have been beneficial throughout the course of this pandemic. I recall my drill sergeant stating in basic training, "The obstacle course isn't about finishing first! Go back and do it again. This time help those struggling along the way!" Throughout the past year, we have all endured what has seemed to be a never-ending obstacle course. There is a profound level of understanding in knowing we have all endured struggles both individually and jointly. However, there is a deeper vulnerability in knowing we have not had to experience those hardships alone. We have joined together as a community to overcome adversity, supporting one another. As we run this course collectively, we divide the effort and multiply the effects.

I'm inspired to see how our team members continuously strive to go above and beyond to bring meaningful quality-of-life to the residents we serve. They embody the We Care values instilled in the philosophy of our organization. This past Sunday, Rene Ibarra-Gomez, Kaityln Maggard, Rose Seals and our dining team provided the residents with a Super Bowl social, which consisted of appetizers, sparkling cider and a football craft as they observed the game. I feel honored to work alongside team members that put their heart into their daily efforts.

The Centers for Medicare and Medicaid Services (CMS) county positivity rate for Frederick County decreased to 10.8 percent and remains in the threshold for twice a week COVID-19 testing. Orchard Woods conducted this week's testing on February 8 and 11 for all team members.

We are hopeful that the county positivity rate will continue to decline over the next several weeks. In preparation for the positivity rate dipping below 10 percent for 14 consecutive days, we have begun looking at safe and effective ways to make indoor visitation possible for you and your loved ones. We have been in conversation with our epidemiologist at the Virginia Department of Health, reviewed guidelines set by the Centers for Disease Control and CMS and are working diligently with our team to ensure we have a smooth process in place. Please stay tuned for further details to come.

The chart on the next page provides more detailed information on the impact of COVID-19 in Orchard Woods and across campus.

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## MEMORANDUM

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	Skilled Rehab	Long-term Care	Memory Care
Resident active cases of COVID-19	0	0	0
Resident on-set symptoms pending COVID-19 test results	0	0	0
Active Independent Living COVID-19 resident cases	0		
Team member active cases of COVID-19 (across all services lines)	1		
Team member on-set symptoms pending COVID-19 test results quarantine required (across all services lines)	0		
Team member other illness with negative COVID-19 test results quarantine required (across all service lines)	1		

Thank you for your continued faith and support in our efforts as we have forged through various obstacles throughout the pandemic. This hasn't been easy, but we continue to grow stronger together.