

Date: February 19, 2021

To: Orchard Woods Residents and Families, Team Members

From: Associate Administrator Missy Sellers

Subject: Orchard Woods Path Forward Update Memo



**THE VILLAGE AT
ORCHARD RIDGE**

A National Lutheran Community

I have heard the question many times in my life, “Do you see the glass as half full or half empty?” Much of that has to do with the perspective in which we are looking at the glass. We can look at it optimistically as being half full or pessimistically as half empty. Delving even deeper, the glass is refillable! I believe we have all felt the sense of being an empty glass at times throughout the pandemic. When everything has been continually changing, and there has seemed to be no end in sight, we desire to quench our thirst for a return to a level of normalcy. We have grasped onto faith and hope to keep us from becoming parched. As a community, we are continually seeking opportunities to keep our glasses full despite external disparities.

The way we keep our glass full is to change how we look at a situation. Choose to embrace opportunities that allow us to give back despite challenges endured. My glass became full this past week as Orchard Woods Health Center team members gathered together with residents for a Valentine’s Day social. Through the bitter cold, my glass was filled with warmth as team members prepared Valentines to give to each resident to ensure the day was made special for each of them. Festive refreshments were served, bouquets of roses were centered at each table, as joy and laughter filled the air. I find myself constantly in awe of being part of a team filled with so much care and compassion.

The county positivity rate for Frederick County increased to 14.1 percent this week and remains in the threshold for twice a week COVID-19 testing. Orchard Woods conducted this week’s testing on February 15 and 18 for all team members.

We remain hopeful that the positivity rate will decline over the next several weeks. In preparation for reaching the threshold below 10 percent for 14 consecutive days, we continue to look at safe and effective ways to make indoor visitation possible for you and your loved ones. We have been in continual conversation with our epidemiologist at the Virginia Department of Health, reviewed guidelines set by the Centers for Disease Control and Centers for Medicare and Medicaid Services. As we see the Frederick county positivity rate drop below 10 percent we will relay further details.

The chart on the next page provides more detailed information on the impact of COVID-19 in Orchard Woods and across campus.

Continued on next page

MEMORANDUM

Continued from page 1

	Skilled Rehab	Long-term Care	Memory Care
Resident active cases of COVID-19	0	0	0
Resident on-set symptoms pending COVID-19 test results	0	0	0
Active Independent Living COVID-19 resident cases	0		
Team member active cases of COVID-19 (across all services lines)	0		
Team member on-set symptoms pending COVID-19 test results quarantine required (across all services lines)	1		
Team member other illness with negative COVID-19 test results quarantine required (across all service lines)	0		

I hope you each take a moment to reflect on what your perception is on the glass. What are you doing to keep your glass replenished during these challenging times? What are you doing to refill the glass of others? No matter what the circumstance may be, even an empty glass may become full again. As we continue our path forward, I hope we can each raise our glass and make a cheer for the brighter days ahead. We are going to conquer this pandemic together.