Date: March 5, 2021

To: OWHC Residents and Families, Team Members

From: Healthcare Administrator Missy Sellers

THE VILLAGE AT ORCHARD RIDGE

A National Lutheran Community

Subject: Orchard Woods Path Forward Update

As stated in last week's memo, an unannounced biennial State Licensure Inspection was conducted February 22-25. This week we received our statement of deficiencies. After further review, we were only cited for one of the deficiencies initially noted. Based on staff interview, facility document review and employee record review, it was determined that we failed to ensure 3 of 15 employees had a Virginia State Police Criminal Background check performed within 30 days of hire.

For the month of March, our team is celebrating Nutrition Month. Anne Thompson, dietician, has partnered with our ConnectedLiving team to celebrate the occasion by sharing facts about nutrition while also offering an array of healthy refreshments. We continue to focus on the psychosocial wellbeing of the residents we serve. Brittney Briscoe, fitness specialist has been leading an array of exercises with residents to maintain strength and mobility. A variety of senior trivia opportunities are also provided throughout the week to maintain cognitive engagement.

The positivity rate for Frederick County decreased to 5.2 percent this week. Orchard Woods conducted this week's testing on March 1 and March 4 for all team members.

Our team has finalized plans for scheduled indoor visitation. If the Frederick County positivity rate remains below the threshold of 10 percent next week, we will be able to implement scheduled indoor visitation the week of March 15. Please coordinate with our ConnectedLiving team through the use of Sign Up Genius to schedule these visits. We are excited to share further details of our indoor visitation guidelines in the attached documents.

The chart on the following page provides more detailed information on the impact of COVID-19 in Orchard Woods and across campus.

Continued on following page

MEMORANDUM

Orchard Woods Path Forward Update | March 5, 2021 | Page Two

	Skilled Rehab	Long-term Care	Memory Care
Resident active cases of COVID-19	0	0	0
Resident on-set symptoms pending COVID-19 test results	0	0	0
Active Independent Living COVID-19 resident cases	0		
Team member active cases of COVID-19 (across all services lines)	0		
Team member on-set symptoms pending COVID-19 test results quarantine required (across all services lines)	0		

My heart remains full with all of your continued faith and support. We look forward to embracing this next chapter of our path forward with you.