Date: November 24, 2021

To: Orchard Woods Residents & Family, Team Members

From: Melissa Sellers, Healthcare Administrator

Subject: Orchard Woods Health Center Path Forward Update

Just as the seasons change, may we each find ourselves renewing our sense of hope in what the future holds. The pandemic has shed new light on various aspects of our lives that we each may have once taken for granted-breathing in the fresh air on a brisk fall day, holding the hand, and being in the presence of a loved one. We have so much to be gained from the challenges that have been endured through the course of the past two years. While the pandemic is not over yet, my heart stays filled with warmth reflecting on all of the opportunities we have been able to give back to the residents we serve.

A few transitions are occurring in Orchard Woods Health Center over the next month. Dr. Jeffrey Feit with Valley Health Physicians has served as the medical director at Orchard Woods since fall 2019. Effective December 23, Valley Physician Enterprise and Sound Physicians will conclude their services. We will begin to transition services to Reverent Medical Group beginning in late November.

We are excited to welcome Petros Ayele, M.D., as the new medical director at Orchard Woods Health Center. He received his doctorate from Gondar College of Medical Science in 1992. His first residency program focus was in clinical pathology at Addis Ababa Medical School, and the second was in internal medicine at Prince George's Hospital Center. Dr. Ayele currently specializes in internal medicine and has over 25 years of experience.

Donna Cyrus, a nurse practitioner with Reverent Medical Group, will work as one of the nurse practitioners under Dr. Ayele. Donna has over 25 years of experience in the health care field. She has worked at the University of Virginia Medical Center, Central Virginia Training Center and various long-term skilled nursing facilities. Donna's background is mainly in critical care and skilled rehabilitation. Donna specifically enjoys working with the geriatric population. She holds a master's degree in nursing, is wound care certified, is certified as a dementia practitioner and is a board-certified Adult Geriatric Nurse Practitioner.

As a reminder, effective December 1, we will be transitioning pharmacies from Partner's Pharmacy to Remedi SeniorCare. Remedi SeniorCare has been providing pharmacy services to nursing homes and assisted living communities for many years. The pharmacy is open 365 days a year, providing 24-hour emergency service, so your loved one will always have their medications available and on time, as ordered by their physician. Remedi SeniorCare is well-known for its high level of service, dispensing medications in the most accurate and safe packaging system available to the market.

## MEMORANDUM



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Resident and Family Council were held both virtually and in-person last week. We were pleased with your presence and engagement. A copy of the resident council minutes can be found posted on a bulletin board in each of the neighborhoods near the care base.

We continue to offer scheduled indoor visitation. We are excited to announce that CMS has broadened visitation guidance. It is necessary for everyone visiting to follow the protocols listed below:

- Orchard Woods Health Center is open for daily visitation.
- Visits may occur in the room or designated visiting areas. Please maintain your distance from other residents.
- Visitors must screen before the visit. This includes completing a symptom questionnaire and participating in a temperature check. The temperature must be less than 99 degrees to visit.
- Visitors and team members are required to properly wear a disposable 3-Ply woven mask at all times. Visitors' masks must cover both nose and mouth.
- Visits are intended for social interactions between residents and visitors. Questions regarding resident care need to be addressed at a separate time.
- You may bring food for your loved one, but meals with your loved one are not permissible in the health center at this time.
- If there is an outbreak of COVID-19 there are no changes in visitation status and anyone who tests positive can still have visitors as long as we make them aware of the risks.

We are working hard to keep our entire community healthy and safe. Thank you for your partnership, patience, and continued support.