



National Lutheran  
Communities & Services

## MEMORANDUM

**To: Residents and family and friends of residents at all NLCS communities**  
**From: Karen Sroka, GNP-BC, MBA-HCM, Clinical Services Director**  
**Re: Visiting NLCS communities over the holidays**  
**Date: December 23, 2021**

As holiday visits continue over the coming days and weeks, I'd like to take the opportunity to remind residents and families and friends visiting all National Lutheran communities to practice extra mindfulness regarding illness during this holiday season.

If you have knowledge of an exposure to COVID-19 within 10 days prior to your visit or if you have a pending COVID-19 test, please do not visit our community at this time.

At this time of year, colds and the flu are always prevalent. To best protect residents and team members, we ask that if you are experiencing any symptoms of any illness, even if it's believed to be allergies or "just" a runny or stuffy nose, that you do not visit the community at this time. If you are experiencing any signs of illness, we also encourage you to be tested for COVID-19 so that you are aware of your personal health status.

Lastly, each community has their own visitation protocols, which can be found on the community's website and at the concierge desk upon arrival. All of the communities do require the proper wearing of a mask for everyone. Thank you in advance for following this guideline.

Residents, please share this information with family members and guests who plan to visit.

We are grateful for the work of all our team members and for the diligence that they practice in our health, safety and wellness protocols. Thank you for continually participating with us in practicing these protocols, too.

May you have a blessed Christmas and Happy New Year!