

Senior Living Community Checklist

Review the questions below and track your answers for each community you explore.

General:

- What type of community is it? Is it a Life Plan Community/Continuing Care Retirement Community (CCRC)?
- 2. What are the qualifications for becoming a resident?
- 3. What is the cost of the community?
 - a. Is there an entrance fee?
 - b. Is there a monthly fee?
 - c. What is included in the monthly fee?
- 4. What is the contract type here?
 - a. Type A (Lifecare)?
 - b. Type B (Modified)?
 - c. Type C (Fee for Service)?
- 5. How does the community communicate with families about a resident's well-being?
- 6. Are there guidelines around visitors?

Services/amenities:

- 1. What services/amenities are offered?
 - a. Housekeeping?
 - b. Landscaping?
 - c. Laundry?
 - d. Fitness Center?
 - e. Pool?
 - f. Spa?
 - g. Salon?
 - h. Library?
 - i. Other?

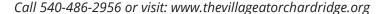
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Activities:

- 1. What activities are offered?
 - a. Group fitness classes?
 - b. Resident clubs?
 - c. Lifelong learning programs?
 - d. On-campus/off-campus events?
 - e. Volunteer opportunities?
 - f. Other?

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Living options:

- 1. What living options are available and what are the features of each?
 - a. Cottage Homes?
 - b. Apartment Homes?
- 2. What floor plans are available?
- 3. Do residents have the option to choose finishes and upgrades?
- 4. Is a garage or parking included?
- 5. Is private outdoor space included?
- 6. Are pets allowed?

Dining:

- 1. Do apartments have full kitchens?
- 2. What are the dining options on campus?
- 3. When is dining available on campus?
- 4. Does the dining team accommodate special diets for allergies or other dietary needs?

The area:

- 1. What are the local attractions and how far away are they?
 - a. Dining?
 - b. Shopping?
 - c. Hiking?
 - d. Museums?
 - e. Theaters?
- 2. Is transportation available?

Safety:

- 1. Are team members available 24/7?
- 2. Is there a generator for backup power?
- 3. What is in place for bathing/bathroom safety?
- 4. Do residents have access to an emergency alert system?

Future care:

- 1. What health care services are provided on campus?
 - f. Rehabilitation?
 - g. Assisted Living?
 - h. Memory Care?
 - i. Skilled Nursing?
 - j. Long-Term Care?
- 2. What happens if I need additional services? What is the pricing for additional care?
- 3. What does my insurance cover? What insurances are accepted?
- 4. What is the ratio of staff to residents during the day/night?

